

THE ENERGY SECRET THAT NOBODY IS TALKING ABOUT

Relieve Stress, relieve pain, regain your energy



YOUR HANDS
HOLD THE
ANSWER



THE POWER
TO HEAL IS
IN YOUR HANDS

Join us for the *still point* class
offered by *Dr. Sandra Bontemps*.



Learn how you can alleviate pain and stress for yourself and the people you care for using the body's own innate, natural ability to heal itself. It is thrilling to present this simple, rejuvenating hands-on skill that everyone can use.



Between the foods we eat, the medicines we take and the personal stress we experience in an ever more busy world, the effects of chemical, physical and emotional trauma build up in our bodies. And, we often pay for it with aches and pains that can't seem to be explained.



Tap into the ability the body has to offer to heal itself, relieving the pain of trauma as soon as it happens - a sprain, fall, or bump could be attended to on the spot. Everyone can learn to work with the rhythm in the body and bring about the still point and its healing, calming effects. The training offered will enable new and advanced students to attain the calm and focused state of being that opens doors to handling the overflow of stress and constant stimuli in our lives.



Parents, care givers, anyone can take advantage of this skill to improve the well-being of friends, family, accident-prone children and other people they care about.



With this simple, hands-on physical therapy, I have seen the effects of trauma and accidents dissipate as if they never happened. In this intensive two-day course, you will learn how to tune in to the body's rhythm and encounter the still point in yourself and others.



I have worked as a Light Touch Chiropractic Physician, studying with American and European Osteopaths and Chiropractors for the last 40 years. I have dedicated myself to the study, practice and effects of the Still Point ever since I first experienced its remarkable effects. And now, I am pleased to have the opportunity to share my knowledge with others in a form that will help keep wellness a part of our everyday lives.



DATES:
JUNE 27TH & 28TH



TIME:
9:00 AM TO 5:00 PM



COST:
\$250.00



CITY:
PENSACOLA, FL
LOCATION TO BE ANNOUNCED



REGISTER TODAY!

drsandrabontemps.com

561 301 6971



*You have the power.
Use it.*



TWO-DAY CLASS



TRANSFORM YOUR LIFE.
EMPOWER OTHERS.



HEALING IS ALREADY
WITHIN YOU.